

We explore Bentham Library, a valuable gem by Cecile

As we were packing our bags for a week's holiday, David and I decided to explore Bentham Library. We had heard about it, but had not visited it yet. For those (like David) expecting to find it to be in the old school, it is not there. It is now tucked away on the first floor of Keeping Well. It is tiny but has everything you need!

Within minutes, we had a library card and access to thousands of magazines and newspapers online (via the PressReader app): from The Economist, the Guardian to Good Housekeeping (and for my delight, French and Japanese newspapers).

I then went browsing the books in the library room which is about the size of someone's living room. And in no time, I found Elizabeth Strout's Olive, Again which had just been recommended to me. A few weeks later, I wanted Silence by Shūsaku Endō. They didn't have it in Bentham, but within days, it was sent to my attention from Scarborough. All this entirely free of charge.

Alongside the NHS, libraries are an amazing public service in this country. Let's keep supporting them!

Something from the Parish Council

The Parish Council would like to encourage the formation of a Conservation Group in the village.

This wouldn't be a formal Council committee but the Council would support the group and could offer administrative assistance. It would be up to the group to decide its own priorities and aims, for example, issues to do with the river, woodlands, footpaths, animals & birds.

The Council could give small grants to suitable projects, and the group could also look for environment grants that may be available.

If you would like to be involved with this group, please contact the Parish Clerk by email. Kind regards.

Sally Preece CLERK,

Burton in Lonsdale Parish Council bilparishcouncil@gmail.com

Front Cover: A winter reprise of Jeni Keen's View of the Church from Greta side

Editors: David & Cecile Gillibrand burton.news@gmail.com

Next Copy Date: 15th January 2024

 $oldsymbol{\xi}$ Season's Greetings to all our readers!!!

Village Diary

01 Dec	Friday	10:00	12:00	Coffee & Chat	Village Hall
02 Dec	Saturday	19:30		Film Night: West Side Story (2021)	Village Hall
07 Dec	Thursday	09:30	11:30	Stay & Play	Church Room
17 Dec	Sunday	18:30		Carol Service	Church
24 Dec	Sunday	17:30		Carols on the Green	
01 Jan	Monday			HAPPY NEW YEAR	
03 Feb	Saturday			Film Night:Indiana Jones and The Dial of Destiny	Village Hall

No Film Night or anything else in the Village Hall

Sadly the January Film night will be cancelled due to the closure of the Village Hall for renovation.

We look forward to seeing the improvements (along with Indiana Jones) in February (see page 6).

We hope to show the film "Barbie" in April instead.

For those of you who are itching to fill in your new diaries for 2024, here's an entry for you. The **Burton in Lonsdale village produce show** will be held on Saturday September 14th, with the village **Harvest Festival** on Sunday September 15th. More details in the next edition!

We're again very grateful to

...the *Burtonian d*istribution team, Christine, Bill, Genny, Sue, Phil & Sarah, David, John, Cliff, Mike & Mairi for their great work in getting *the Burtonian* to you each time. Thank you.

Burton in Lonsdale Community Workforce - 2023 Simon Stockton

The year started with the B4RN4BiL Community Workforce finishing off the last of the B4RN connections. Whilst one area is still waiting to be connected everyone else in the village who wanted B4RN now has a live B4RN connection, and everyone else has a connection waiting for them should they decide they want B4RN in the future. We have even connected the majority of those who moved into the village during 2023, often ensuring their B4RN connection was operational they day they moved in to their new home (in one case the day before they moved in - such is societies reliance on the internet these days).

In total over 150 Burton in Lonsdale households are now enjoying the world's fastest broadband and as a result the Community Workforce has raised £15,000 in the process. This money will be spent on delivering as many projects as possible, ideally with matched funding from elsewhere, to benefit as many people in the community as possible. If you have a project in mind please get in touch.

As the B4RN project came to an end, the volunteers who had met and worked together every Saturday for over 6 months wanted to continue helping with other projects. As a result, the Burton in Lonsdale Community Workforce was established. Meeting once a month, for a few hours on a Saturday morning, we have undertaken a number of pro-

jects on behalf of a number of organisations, always for the benefit of the community.



- Recreation Ground All Weather Pitch half of the boards that surround the pitch were replaced by a few volunteers from the Recreation Committee over the last couple of years, but this was a time consuming activity. The Community Workforce was asked to help, and over the course of a few Sat mornings the Community Workforce removed and replaced the remaining half of the boards. The boards and fixings were supplied by the Recreation Committee.
- PALS with Trowels Western Village Entrance the PALS, who volunteer to improve the green spaces around the village, asked the Community Workforce to help them build two stone planters and a base for the bench at the western entrance to the village. Over the course of a few Sat mornings the stone for the planters was moved from a village resident's garden and the planters and a base for the bench were built. The bench was secured in place and the PALS planted a variety of flowers during the course



of the year. The stone was donated and the wood and cement was supplied by the PALS.



- King's Coronation Recreation Ground the subcommittee of the Parish Council, who organised the King's Coronation Village Party on the Recreation Ground asked the Community Workforce to help setup and take down the Marquee. A special thanks goes to Ian Thompson who hand dug B4RN ducting, through the woods, to connect the Pavilion to B4RN so that the Coronation Concert in the evening could be streamed on the big screen in the marquee.
- Repairs to the Footbridge (at the east of the village) a resident in the village got in contact about the footbridge that was in a state of disrepair with treads broken and the handrail missing. The Community Workforce got in touch with North Yorkshire Council, who supplied the replacement wood and cement mix for securing the post. The Community Workforce replaced the damaged treads and built a new handrail.
- *Improvements to the Pump Track* the Recreation Committee wanted some help to improve the pump track and asked the Community Workforce to assist. The Community Workforce undertook general weeding tasks and clearance and are on standby to assist in the next phase of the project.
- *Clearing Road Signs and Removing Vegetation* The Community Workforce undertook cleaning and removing any vegetation obscuring the road signs in the village.
- Improvements to the Guttering around the Bowling Green The Bowling Club approached the Community Workforce about digging out and re-instating the guttering along the edge of the green. The Community Workforce removed the build up of soil

07976 357560



from the previous gutter and cut down lengths of wood to fit in place to form the new gutter. The side closest to the road was completed over two Saturday mornings. All the materials were supplied by the Bowling Club.

We will continue next year and have a few projects already lined up. But if anyone has a project in mind, even one that needs funding, or alternatively would like to join the Community Workforce please get in touch.

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WHAT'S GOING ON IN THE VILLAGE HALL? Marion Hodgson

We have had some great events on at the Hall recently. Two well attended Film Nights, an excellent evening with Jim Berry & the Dots and a PALS Book Cafe. By the time you read this we will have had a fund-raising gig by *Sicknotes* and the All Saints Advent Fair. Our informal Coffee and Chat monthly event has been enjoyed by a growing number and we hope to include a Christmas Repair Shop session at our Dec. 1st morning. Please see the separate poster for details.

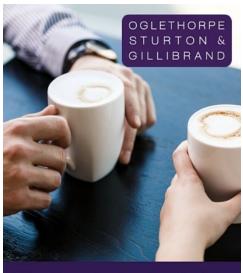
After huge fundraising efforts and many Ups and Downs, **December 6**th sees the start of building an extension to house a complete renovation of the Village Hall toilets and create more storage space. Work is expected to last 5-6 weeks and the Hall will have to be closed over this period.

When this is finished there are plans to – Create an attractive reception area Redecorate the Main Hall Address the poor acoustics with sound panels.

The Committee has put in a great deal of effort to get this far. If you feel like getting behind us to provide Burton with a fab village hall, please take a look at the Go Fund Me page. Donations can be given anonymously if you wish. Please add Gift-Aid if you are a UK tax payer. Any donations large or small will be gratefully received.

https://gofund.me/45741e40

Thank you from the Committee



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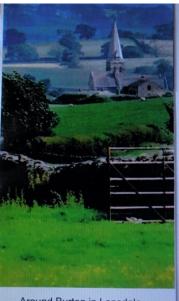


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Around Burton in Lonsdale. 2024 Calendar. Sold in support of the Village Hall Restoration Fund.

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Notes from an Unintended Naturalist - Winter 2023

This year I have had a huge crop of apples, from the tree which was probably already fruit-bearing when there were horses and carts in Burton. The apples are large, variously coloured cookers, but not so tart that they can't be eaten - after a good rinse.

As well as the wooden nest boxes I installed in the tree when I moved here, the tree's high canopy provides all year shelter and food. The tree creeper, I saw working its way vertically up the crevices, obviously found a great store of tiny insects. And the few remaining apples, still hanging on as I write in mid November, are attractive food source for corvids. It is interesting to watch their acrobatics to grip the branch and get at the remaining apples up there.

This morning the lawn shows a scattering of fruit. I have watched a small group of jackdaws, feasting on the vitamin rich harvest. One, which I could watch through my binoculars, held its right foot on the middle of the apple, to steady it on the grass, whilst keeping its left leg balanced, so it could peck through the skin to get at the fresh pulp.

Jackdaws are the smallest of the corvid family. Highly intelligent, they have the ability to recognise human faces and even facial expressions. If I have put out bird food for the small song birds, who roost in the nearby shrubs, and the jackdaws descend, I only have to make a face through the window, and they to fly off. The bright blue eyes see everything. And, anyway there are still fallen apples to forage: we have an understanding, the jackdaws and me.

To see and hear our native birds is a daily joy but the sound of traffic and the overhead screaming of planes are just two ways that human life that drown out our birds' own communications.

The discarded litter in our hedgerows isn't just unsightly, it can be end up tangling a small creature.

However, we can sometimes see constructive use of thin discarded plastic for nest building. On the road to Wennington, earlier this year, I saw a beautifully made nest (sadly exposed by the Council 's brutal hedge-cutting). Woven dried grass stems, combined with faded pink plastic string, held the green mossy structure perfectly. From its size, I imagine it was a blackbirds nest, so carefully rounded in its centre,

Another, on the other side of the lane, showed a small side entrance hole to its mossy, round structure, suggesting that long tailed tits had made it their family nursery. Still intact after months of rain and stormy weather —a triumph of birds' innate resilience and fine architectural skills!

Yesterday the pearly grey sky was a cloudscape of moving amorphous shapes. In the Aldi Car Park, I looked up hearing that wonderful sound of migrating geese calling to each other. The huge, changing V - shape was flying over. I stood and watched and was able to count 70 birds, their long necks outstretched, for smooth, aerodynamic flight. Their strong wings beat in a harmonious, glorious, graphic picture, following the leading 'pilot'. He took the full force of the oncoming wind and kept that lead strong, all the time I was watching.

Whilst Nature is able to demonstrate such innate co-operation for a huge group of individuals to move from one place to another across the skyscape, there is hope that we humans might learn a thing or two. In the deeply distressing events of the Middle East, the birds have no political borders.

This is a short poem by Palestinian, Marwan Mahoul:

In order to write poetry that isn't political, I must listen to the birds. In order to listen to the birds, the warplanes must be silent.



We've had an especially memorable start to the 11th year of Concert&Cakes beginning with the Hercules Jazz Duo in October who delighted and shocked in equal measure with their improvised free jazz creative (was that music? Yes – it was!) and in November with the Rosamund Brass Quartet, seen here on Chris Rowland's Bench at All Saints Church. Their performance of Dmitri Shostakovich's 'Theme and Variations from String Quartet no.2 in A Major', was arranged by the quartet themselves. This is an extremely complex piece at the best of times and as far as we know, has never before been performed by a brass ensemble. It was all the more poignant given Chris Rowland's personal relationship with Shostakovich and therefore the direct link between the composer, Cathy Rowland and the Concert&Cakes programme. It was a stunning performance, amid a wonderful programme of pieces in which there was something for everyone.

We will be back again on Saturday 17th February with another first – the MalletSquared Percussion Duo. Expect marimba, timpani, xylophone, cymbals, triangle, snare drum, bass drum, tambourine, maracas, gongs and many others from these innovative student friends.

We hope to see you there! Christine, Cathy and Steve concertandcakes@outlook.com



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"The Medical Casebook Of Sherlock Holmes And Dr John Watson"

Dr Nick Howlett MD

I've been a resident of the village for over 20 years now, and a GP at Bentham Medical Practice for the same period. I started writing a book in 2019, and COVID was the ideal spur to crack along with it. The book has now been published - "The Medical Casebook Of Sherlock Holmes And Dr John Watson".



I've been a Sherlock Holmes fan since I was a teenager. I grew up in Portsmouth, very close to where Dr Arthur Conan Doyle practised as a GP.

Some of you will also be aware that Conan Doyle had links with our local area. His mother [Mary Conan Doyle] spent much of her life living on the Masongill Hall estate. She moved there after leaving her husband, who had psychiatric and alcohol problems. She was very likely having an affair with Bryan Waller, the owner of Masongill Hall. Arthur Conan Doyle's first marriage [to Louise Hawkins] took place at Thornton In Lonsdale church.

Conan Doyle even wrote a short story set in the area — "The Surgeon of Gaster Fell" — "In my frequent walks I had learned to know well the wild and desolate region where Yorkshire borders on both Lancashire and Westmorland." Sadly this is not, however, a Sherlock Holmes story.

This is the rear cover blurb from the book:-

"Sir Arthur Conan Doyle was a General Practitioner before he became a writer. He uses his medical knowledge widely in the Sherlock Holmes stories. He bases the deductive skills of his hero detective on the diagnostic techniques a GP uses with a patient. He even gives Sherlock a GP sidekick. This all contributes to the enduring popularity of the Sherlock Holmes stories, over 130 years after the first story was published.

An amazing 52 diseases feature in the Sherlock Holmes stories. This includes many that remain significant parts of a GP's workload today – diabetes, asthma, depression, stroke. There are then other diseases that have largely died out in the UK due to advances in medical science – diphtheria, brain fever, rickets, tetanus.

The Medical Casebook of Sherlock Holmes and Dr John Watson takes a definitive look at how Conan Doyle uses these 52 diseases in the stories. It also gives a historical perspective on the Victorian understanding of the diseases, using the textbooks Conan Doyle would very likely have had sitting on his consulting room shelves."

The book is available from Amazon, or direct from the publishers MX Publishing [the world's largest Sherlock Holmes publisher].

I've also written 2 short stories to accompany publication of the book. They are only available on Kindle [from Amazon]. They are both new Holmes and Watson stories. "Sherlock Holmes And The Adventure Of Masongill Farm" is a modern tale, featuring Dr Watson coming to work in the practice. "Sherlock Holmes And The Adventure Of The Ordered Occupations" is a more traditional tale, set in Victorian times.



Christmas Trees

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The Rotary Club of Lunesdale Lilian Barton

We had a really excellent response to the appeal for spectacles which people no longer have a use for and we were able to add late additions to the collection before passing them on their way to begin the journey to South Africa. Thank you.

We have enjoyed some excellent speakers throughout the year and the last 2 were no exception. On 9th November Cecile Buckenmeyer was our speaker. Cecile was educated in France then lived in Japan for 5 years where she worked for a Japanese recruitment company and was the only Westerner among 500 employees! She speaks fluent Japanese. Her first visit to Japan was sponsored by a Rotary Club Exchange visit. She did of course talk about her Japanese work experience but also had brought several kimonos to show us. I was very happy to be used to model them for her! On 16th November Chris Englefield was our speaker and he talked about The Lancaster Shed which is associated with The UK Men's Shed Association. It is located in Sulyard St, Lancaster and meets weekly on Friday at 11am and is primarily there to support men who have problems, provide them with a meal, an opportunity to talk about their problems and by so doing hope to find a way to improve their well being and self worth. As word of this remarkable support system has spread so, inevitably, the number who can benefit from the charity is also increasing. The men who attend can choose from a selection of skill learning lessons/ activities eg woodwork, metal work, writing, art, cinema, theatre and there is even a sailing group.

Finally thank you to everyone who contributed to our Children In Need collection at Booths in Kirby Lonsdale on 17th November and in advance for our Christmas collections.

From myself as President of the Rotary Club of Lunesdale and on behalf of all the Club members we wish you all a Happy Christmas and a Healthy, Happy 2024.

The Burtonian interviews Canon David Bruno, someone who has seen a bit of the world and brought his experiences back to Burton

David, we like to start these interviews with slightly mundane questions. So perhaps you could tell us about your first car?

My first was actually a second-hand Standard 8, bought for £170 while I was a Curate in Darlington. My next one was a Mini V/W most generously given to me by the Bishop of Kimberley & Kuruman, Philip Wheildon, where I next worked, so that I could travel around his Diocese during the days of apartheid's evil grip.

Did you keep it long?

No, because fairly soon afterwards I moved north to be a Chaplain in a private school, Peterhouse, in what was then Southern Rhodesia, now Zimbabwe which was, then, in theory a British colony.



Did this school integrate races?

When I got there they had just begun taking in four Coloured students – a nominal gesture achieved by the School's liberal-minded headmaster.

Was everyone wanting racial segregation?

This had happened just before Ian Smith's unilateral declaration of Independence (UDI), and so, for the school, the introduction of four Coloured students was still allowed to continue. But, in the country as a whole, segregation was very much practised. Before Ian Smith became PM, his predecessor, Garfield Todd had been more liberal and far-sighted, but his party got rid of him because of his more inclusive views. I was most fortunate to be taken to visit the Todds on their farm, and stayed there several times. A most impressive, warm-hearted and deeply Christian man.

Did you enjoy being a teacher?

In many ways I loved the experience, though I don't think I was all that good a teacher! After six years, as hostilities in the country were getting more pronounced and difficult, I decided that I should return to Britain.

But didn't you have the "travel bug"?

Yes, I much enjoyed the opportunity to travel and my next appointment was to be the 'Overseas Chaplain' of the Episcopal Church in Scotland. This was a fascinating job which was to be a kind of roving ambassador for the Church – visiting parts of the world and returning to give congregations an idea of how the Church was at work in other places.

During those five years, I did tours of the Middle East (with a strong focus on agencies like the NECC and UNWRA), visiting many refugee camps and even Gaza. The following year I was back in South Africa (chiefly to the Transkei), and then I went to India, where the Episcopal Church had been engaged in work around Nagpur and the year after to visit South America — which included Argentina, Chile, Paraguay, Peru and Brazil.

You must have filled your passport with visa stamps!

Yes, and there was more to come as I did a preaching tour of the USA the following year, mainly by Greyhound Bus, to a variety of different Churches and places.

My next appointment was go be back to South Africa as the Provincial Director of Mission, which also involved much travel. The SA Church was becoming more inclusive, though the regime still applied apartheid. The Church began to elect Black and Coloured Bishops and I was privileged to get to know them and, early on took on a Black Co-Director to work with me. An early Bishop already in post was the Bishop of Lesotho, Desmond Tutu, and my first visit was made to his diocese. I was hugely fortunate to work with him in the same offices when he came back to Johannesburg and can testify to the amazing influence his leadership had. I remained in touch, even being able to introduce my future family to him after I had left!

After five years in SA I moved to become Dean of Windhoek in Namibia, staying for six years before returning to Scotland.

So was that the end of your travels?

To some extent as part of my career, though I did do an official visit to Uganda for the Church, and, later, with Maggie we have done some fascinating trips back to SA, to Myanmar, Australia, New Zealand, Ethiopia, Greece, France, Spain, Uganda, Greece and many others— we have really had wonderful experiences!



But Maggie hadn't been with you in your previous life? When did you meet?

I returned from Namibia to become Rector of Falkirk and soon afterwards I managed through friends to make contact with Maggie. We had actually met at the wedding of these friends and then lost contact. I rang Richard Holloway – a mutual friend – in whose parish I had worked and Maggie had worshipped. He was now Bishop of Edinburgh and I asked to see him urgently. "Why" he said, "are you getting married?", and he was somewhat silenced when I said "yes" – "Come and see me on Thursday"! We were married by him in 1991 and with our two children, Andrew and Shona we remained in Falkirk before moving south.

Now we have our first grand-child, Una, who has become a wonderful diversion for Maggie from her numerous activities: working for the Red Cross in Leeds, supporting refugees there and locally, PCC secretary for the Church, on the Shop committee, Pals & Trowels and a good deal else!

How did you come to Burton?

Soon after we married we came on a holiday to Gargrave. Maggie's parents lived near Guildford, we were in Falkirk, so the distance was considerable, and we felt in need of finding somewhere in-between. Soon after, having been delighted by the area, we stayed in Melling Hall (then a hotel) and immediately found a house for sale in the Potteries which we snapped up and have been hugely glad ever since – nearly 30 years now!

A sign for those that served Mike Biles

There is a new sign on the Village Green, in front of the infant hawthorn tree (informally known as 'Nigel'), adjacent to the War Memorial. The sign, and the tree, are belated contributions from the now disbanded WW1 Commemoration Group, whose activities culminated in the weekend that marked the centenary of the Armistice, in 2018. Some of you will remember that.

The sign and the tree are about peace, as well as remembrance. "Pause", it says. "Think of those of all nations who served". It is difficult to think along



non-partisan lines when there is so much division, hatred and violence in the world. Few of us understand unprovoked violence. Most of us agree that it must be checked and that the slaughter of innocents - of any race or creed - is wrong. In the great scheme of things, a sign on a village green won't achieve much. But the more people who pause and think of others as just like themselves, the better off we shall all be. I reckon the men of Burton who did not make it home in 1918 would have had something to say about it, anyway - if they'd had the chance.

Still No ChimeMy sincere apologies to all of you who are missing the strike of the church clock. We are awaiting a date for its repair, and thank you for your patience. Christine.





LVCS Hornby Swimming Pool.

In October the LVCS Hornby Pool celebrated just 5 years since it reopened as a community pool.

Thanks to all the volunteers, sponsors, members, donors, staff and users who made it all possible.

We celebrated with a great weekend of activities and sincerely thank you all for your support over the past quite challenging years

We are very pleased to acknowledge receipt of £17k of support funding from the Swimming Pool Sustainability Fund.

This grant will be used to help meet the increased costs of utility and chemical charges. During November we are also due to receive further support from the Co-op Local Community Fund for which we are most grateful.

As we move into December we will be promoting our usual Christmas Raffle with great prizes and a super hamper.

Raffle tickets are available from Hornby swimming pool reception.

Over Christmas there will be family sessions, lane swims and the only days we will not be open will be the 24th, 25th 26th of December and 1st of January.

Always best to check on our Facebook page for all details.

For all Hornby Pool general enquiries please contact Georgia or Scott on 01524805666.

Website- <u>www.lunevalleypool.com</u>; Facebook – lune valley swimming pool.





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Remembering Vernon Waterhouse by the Waterhouse Family

We lost Vernon on 8th April 2022 after a short illness, and since his funeral, as a family, we've been putting together our thoughts about his life and his influence.



You may have seen Vernon walking into Burton from Westhouse lane with his guide dog Marshall. And if you had been on his route between the late 1950s and 2001. you might also have seen him navigating central London on his way to and from work. That was an impressive sight; London is daunting enough when you can see it.



Vernon's feats of memory didn't stop there. Throughout his working life as a blind telephonist, Vernon operated a switchboard for Barclays Bank. This entailed memorising plug positions and departmental phone numbers, all while dealing with

customers and staff in a timely and courteous manner. Periodically, they would transfer him to different branches in central London, and he'd have to learn his environment all over again.



Some of our favourite memories of Vernon include hearing him singing around the house. He had a lovely bass-baritone voice, a wide knowledge of classical music, and sang with Pro Canto Singers (a blind choir) at the RNIB, Barclays Bank Musical Society, and Chesham Singers. He also brimmed with literary quotes, and could talk about any character or plotpoint in every Dickens book.

He always wore lots of cologne and whenever he made a cup of tea for any of us, a lovely fragrance lingered around the cup. We remember him with love and pride.



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Christmas in the Mart 2023

Making your Christmas shopping easy..... Christmas in the Mart at Bentham Auction.

This special community event will be held on Friday 8th December, 5-9pm Saturday 9th December, 10-3 pm Admission £3, children free.

Once again we are back to celebrate and showcase our very talented local Craftspeople, Artists, Makers and Bakers.

Not only is this the perfect place for your Christmas Shopping, but there will be plenty of delicious food and drink to enjoy, live music, the Carol Concert, Ballon Artist, donkeys and lots more.

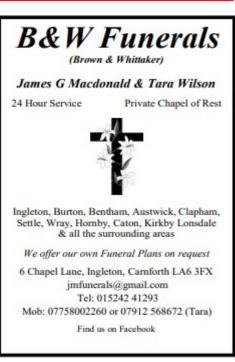
NEW, this year, a Christmas Tractor Run, which will travel through our villages in the area on the Friday evening.

Looking forward to seeing you there,

Collow us oil social illedia

@christmasinthemart phone: 07968699628





ONE THING LEADS TO ANOTHER...

for Cathy Rowland

On my recent Camino walk through Portugal I ate LOTS of Pasteis de nata! So, when I was preparing for my Camino talks last month I thought it would be fun to try and make them myself. It proved easier than I had expected...then I made some for the last Concert&Cakes which provoked the request 'please put the recipe in the Burtonian'!!!

So here it is! You <u>do</u> need a jam thermometer, a 12 cup metal Yorkshire pudding/ muffin tray and be willing to turn your oven up to its hottest (it didn't break mine but it did feel an act of faith the first time I tried it!)...the tarts have to caramelize a bit and the Portuguese ones usually have some black bits on the top! Go for it! Pasteis de nata are delicious...and everyone seems to love them. They also freeze well in the unlikely event you have some left over! Bon appétit!

PASTEIS DE NATA (Portuguese Custard Tarts) Makes 12

50g plain flour

Good pinch of salt

350ml full fat milk

240g granulated sugar

75ml water

6 egg volks

1 tsp vanilla extract

1 cinnamon stick

The peel of lemon cut into strips

Ready rolled Puff pastry sheet (e.g.Jus Rol)

*Pre-heat oven to 290 degrees C (or the nearest to this your oven will go).

Grease a metal 12 cup Yorkshire pudding tin.

Make a sugar syrup as follows: In a heavy-based pan put the sugar, water, vanilla extract, lemon peel and cinnamon stick. Without stirring bring this mixture to the boil and continue until it reaches 100 degrees C (use a jam thermometer). Remove pan from the heat and take out the cinnamon stick. Leave to cool. Then, in a separate pan, whisk together the milk, flour and salt. Cook over a medium heat stirring continuously until thickened. Take off heat and cool for 10 minutes. Once cooled, whisk in the egg yolks and cooled sugar syrup mixture. Pass this mixture through a sieve and into a pouring jug to remove any lumps, eggy bits and the peel.

"Looking Forward" - to 2024 By Notsodimus, our resident Astrologer

This time last year, I gave you my predictions for 2023. Let's see how things went..

"The Parochial Church Council will make a decision to do nothing about the lych-gate resulting in its further deterioration". Well, see below!

"The Village Shop will go from strength to strength as a result of a massive increase in footfall" This one was not quite right but the shop is doing well, if only more people from the village would use it. Even I can get through the door now.

"The Punch Bowl will open seven days a week" This is one of 2022's incorrect predictions ... I admit this was more in hope than expectation, but we shall see.

"A massive celebration will happen in Burton in May to mark the Coronation of King Charles III. This will be unlike anything ever seen before". One to me.

"A large articulated vehicle will pass down the High Street at less than 20mph. This is expected in June but it may be delayed. (If you think you have seen a tractor travelling at 20mph or less in the village you should probably get your eyes tested.)". Correct again, another to me.

"You may think we are living through austerity, you ain't seen nothing yet. Starting in April the Parish Council has decided to reduce its costs by cutting street lighting to seven hours per day – from 8.00am until 3.00pm, now that's smart thinking." Did you notice?

Now. for 2024:

- -In June there will be fun and frivolity on the recreation field for both young and old.
- -The Punch Bowl will be bought by residents of the village and will reopen
- -The village website will have a new and vibrant look.
- -In January 2022 I asked a local builder to do a small repair job on my roof. In June last year he did repair part of my roof but not the bit I had asked him to fix. As this still hasn't been fixed I am optimistic that my builder will turn up and do what I asked him to do two years ago. What do you reckon my chances are?
- -The village hall committee will be splashing out on a grand re-opening of the loos.
- -A Pickleball court will be marked out in the Village Hall. Never heard of Pickleball? Be ashamed, then check it out, it's very popular with the over 55s.

The Lychgate.

If you have ever visited the Very Old & Separate Churchyard, by climbing up the steps from Chapel Lane, you will have seen the Lychgate. It's a lovely little building but it is sorely in need of repair. We are now getting quotes from local builders .

We would appreciate village support to enable us to give the building the attention it deserves. Our thanks to you all.

Christine & Anne. On behalf of All Saints PCC.

Macmillan Coffee Morning - Thank you!

Thank you to all who supported the Macmillan Coffee Morning this year. Through the generosity of all who contributed we are delighted to have raised £750!

It was a great atmosphere and we're delighted to have raised so much for this worthy cause. See you again for coffee and cakes (and Bric a Brac, tombola, raffle, quizzes..) next year!

Caroline Hastie, Lynne Lawson and the fantastic Burton in Lonsdale Macmillan team!

Village Carol Service Sunday 17th December, 6.30 pm

Everyone is invited to the Village carol service on the Sunday before Christmas – after a wonderful evening singing our favourite carols all are invited to share refreshments, especially mince pies. There will be a collection to support **Lifting Hands International** (https://www.lhi.org) a charity which provides support for refugees. A member of the All Saints congregation is going to one of the locations where LHI is working in the New Year.

Hello, I'm Alessandra Toft, and many of you may already know me from the recipes I've shared in *the Burtonian* over the past year. Today, I'm thrilled to share with you my new venture, ReflexZones.

I specialize in clinical reflexology, Indian Head massage, and corporate chair massage. My journey into the world of holistic wellness began 23 years ago at the University of Manchester, where I trained as a clinical reflexologist and I also earned my first BSc degree there. What fuels my passion in this field of work is the profound impact that reflexology and Indian head massage can have on people's lives. I've had the honour of supporting numer-



ous clients in restoring and maintaining a healthy life balance, particularly during challenging situations. Beyond individual sessions, I've collaborated with community groups, partnered with local GPs, and worked with the charity Pioneer Projects at the Looking Well in Bentham. My involvement at the Looking Well extended to providing my services for many years, both as a therapist and by preparing weekly lunches for their drop-in well-being kitchen. I enjoy giving talks and workshops so that I can extend my reach and impact, sharing the benefits of reflexology, Indian Head massage and well-being advice with diverse support groups and individuals. Another role I love is offering chair massage to local companies.

Now, let me share the exciting news — I am thrilled to announce the opening of my new therapy room at Jo and Cass Hair and Beauty Studio in Lancaster city centre. This is a venture filled with enthusiasm and anticipation, and I can't wait to welcome you there. The room is a tranquil haven where you can totally relax and forget all about the outside world! Call 07795175563 to find out more. I have some great opening offers. Additionally, for those who prefer the tranquillity of village life, I continue to offer treatments at my home in Burton in Lonsdale. Visit reflexzones.co.uk for more information or visit my Facebook page Reflexzones

Reflexology and Indian Head Massage are not just simply services I offer; they are my way of helping people embrace the gift of rejuvenation and taking time out to relax and unwind..

Burton in Lonsdale Bowling Club 2023 Season Our Bowling Correspondent

This Season the club has participated creditably in three different leagues - and there's a strong possibility that a fourth, the Morecambe League, will be added next year.

The Kendal League team, well captained by Shaun Wilson, found it a greater challenge than previous years, after their promotion to Division 3, finishing 8th overall. John Mason once again captained the Senior side on Monday afternoons with a 9th place finish securing their place in the 3rd Division next season. Val Thompson, despite her unfortunate injury, led the Rural League team to 5th place in the League, a most creditable result considering that most players had never played bowls before.

The recruitment of 10 new players, all living in the village, was the highlight of the season and has given the Club a real boost going forward. *Perhaps it's your turn to join us*?

10 friendly matches were arranged by Jane Burns against local villages and were played on Saturday afternoons. Club Captain, Doreen Dryden, expertly organised the running of these matches. It was Burton's turn to host the "Home Guard" Cup, on a very hot afternoon. This is a long standing competition between Burton, Bentham, Ingleton & Austwick in which Bentham triumphed this year

The Club Singles Title was won by Shaun Wilson, whilst the pairing of Lee Marshall & Chris Thompson took the Doubles title.

The Club thanks all its Committee, its many supporters and volunteers.

But special thanks go: to the Community Workforce who, expertly led by Ian Clarke and Simon Stockton, totally renovated the guttering on one side of the Green.

And to Shaun Wilson who replaced the roof on the clubhouse, alongside his vital work as Green Keeper;

And to Steve Vose for his work, over and beyond Secretary, cajoling and encouraging the Club in its many activities, on and off the Green;

And to everyone who supports our Teams, providing refreshments and marking matches in all weathers

The annual Jumble sale was, once again, a real success. The generous donations from folk in the Village combined with hard work from many within the club generated much needed funds.

Please look out for more information regarding next season which begins in April, you'd be most welcome to join us.





NEWS FROM THE SCHOOLS



Melling St Wilfrid CE Primary School For the love of learning friendship and faith

We are getting ready for Christmas in school and are learning all about advent. Our infants are singing Christmas songs and preparing for their nativity which will



take place in school on Wednesday 13th December at 2pm. All are welcome to come and watch and start the Christmas season. We also would like to welcome everyone to our popular Christingle service in Melling St Wilfrid Church on Thursday 14th December at the earlier time of 4pm this year.

We enjoyed a community breakfast at the end of the half term with loaves provided by a competition 2 of our pupils won at the Great Yorkshire show.



All the classes have been making fabulous use of our grounds in their weekly forest schools session and are out in rain or shine (it has mostly been rain for the last few weeks!) Both schools came together for a <u>girls</u> football match. The girls had been practising their football skills at lunchtimes and Melling invited their

friends at Tatham over for a friendly football match. It was a fantastic afternoon and has inspired our girls to keep footballing playing with the boys at breaktimes. Well done girls.

Mrs Fiona Ip Headteacher





New **HAYTER/TORO** mower range nowin stock

Graham Fawcett Plant Ltd

Unit 3 Bentham Industrial Estate. Bentham LAZ 7NB

015242 62888

Tatham Fells CE (VC) Primary News

Roots to Grow, Wings to fly, Faith to flourish

The children have been enjoying Forest school sessions on a Friday. Different year groups take it in turns and are working on their 'wild passports'

collecting stamps for different challenges. This is also open to our Little Explorers on Friday afternoons. A free session for toddlers and pre-schoolers every Friday from 1:15-2:30pm. All are welcome to join and there is no need to book.



Our Remembrance service on Friday 10th November at Lowaill memorial was beautifully and poignantly presented by our Junior children and was attended by many local people. They handed out knitted poppies and read a poem to encourage us to think about

the people who gave their lives in the war. They also made a purple wreath for the animals killed in the war and a white wreath for peace.

Members of the community are welcome to the following events in the lead up to Christmas.

Thursday 7th <u>December at</u> 2pm Christmas Fair in school- join us for a cup of tea and mince pie.

Thursday 14th December at 6pm Nativity in the Church of the Good Shepherd, <u>Lowgill</u>

Mrs Fiona Ip Headteacher





ST. BONIFACE ROMAN CATHOLIC CHURCH.

ROBIN LANE., HIGH BENTHAM. Tel No 01729.822525

WEDNESDAY 20th December

10.00am (Bentham) Mass as normal

10.30-11.00am (Bentham) Confessions

FRIDAY 22nd December

10.00am (Bentham) Mass as normal

SUNDAY 24th December - Christmas Eve

9.15am (Bentham) Mass as normal

MONDAY 25th December Christmas Day

9.15am (Bentham) Christmas Day Mass

TUESDAY & WEDNESDAY 26th/27th December

NO MASS

THE BURTONIAN ADVERTISING RATES

£110 for half a page for a year (6 issues)

£55 for a quarter of a page for a year (6 issues)

£27.50 for an eighth of a page for a year (6 issues)

£22 for a single issue £11 for a single issue

£5.50 for a single issue

Other sizes by arrangement

Flyer inserts (pre-printed by advertiser) £27.50 for A4 sheet which is pre-folded to A5 size, or A5 single sheet.

Flyer to be printed by The Burtonian by arrangement only, cost to be agreed beforehand.

Rates include publication on the Burton in Lonsdale website and a direct link to your website if you supply the appropriate details.

The Burtonian is published on the 1st February, April, June, August, October and December. Press date is the 18th of the previous month.

Copy should be submitted earlier to the editor to ensure that it can be printed to the best advantage. Copy can be altered in between issues.

All adverts can now be in colour.

Copy can be emailed to <u>burton.news@gmail.com</u> or left in Burton Shop for collection.

Please make cheques payable to 'Burton Communication Group' and send them to the treasurer indicating whether you require a receipt. Cheques and cash can also be left at Burton Village Shop if more convenient. Cheques are preferred due to banking restrictions.

Payments may be made by bank transfer to HSBC so long as your identity is clearly stated: Sort code 401008 account 51227645

Paul Adams

Treasurer - Burton Communication Group

11 Manor Close, Burton in Lonsdale, Camforth, LA6 3NE

The Bentham Line

Mondays to Saturdays								
Bentham	0601	0805	0935	1136	1337	1538	1849	2040
Wennington	0606	0810	0940	1142	1343	1543	1855	2046
Lancaster	0630	0846	1006	1211	1411	1611	1924	2117
Sundays								
Bentham	0956	1148	1425	1648	1847			
Wennington	1001	1153	1450	1653	1852			
Lancaster	1025	1220	1518	1721	1919			
Mondays to Saturdays								
Lancaster	0648	0941	1046	1248	1447	1745	2030	2131
Wennington	0712	1005	1110	1312	1511	1809	2054	2156
Bentham	0717	1011	1115	1315	1516	1815	2059	2102
Sundays								
Lancaster	1103	1344	1552	1752	2017			
Wennington	1128	1408	1616	1816	2042			
Bentham	1134	1413	1622	1821	2048			

Bus Service

Service 583 Klch.co.uk

Mondays to Fridays

To Bentham (from shopside)	To Kirkby Lonsdale, connect to Lancaster
10.09	6.49
12.09	10.26
14.09	12.26
17.14	14.26

Saturdays

To Bentham	To Kirkby Lonsdale, connect to Lancaster		
10.09	7.59		
12.09	10.26		
14.09	12.26		
16.09	14.26		
	16.26		

Gallaber Farm

Holiday Cottage and Caravan Park
Cottage with stunning views sleeps 4
A 5 and a 6 berth static caravan for
holiday rental

15 touring pitches with hook up points For further details please contact Jennifer

Sedgwick on 015242 61361 or visit our website www.gallaberfarm.co.uk

Holiday Cottage High Street, Burton in Lonsdale

Warm cosy well equipped cottage appointed to a very good standard.

3 Bedroom, Sleeps 5. Sorry no pets.
Weekly and shorter breaks are welcome.
Discount for friends and relatives of locals.

For more details please contact Heather on 07540422531

E mail: watts.rae2@gmail.com

ZJ

All Saints' Church News

Best wishes

Sunday	Services	in December	²⁰²³ and	January 2024

		· · · · · · · · · · · · · · · · · · ·
December	3 rd	8 am (Holy Communion)(Advent)
		11 am Joint Service with the Methodist congregation
		Toy service)
December	10 th	11 am Holy Communion
December	17 th	8 am (Holy Communion), No 11 am service
		6.30 pm Village Carol Service at All Saints Church
December	24 th	11 am Family Holy Communion
	<u>5.30 </u>	om Carols around the Christmas Tree
December	25 th	11 am Short Family Morning Prayer followed by Holy Com-
	munion	
December	31 th	11 am Family Service
January	7th	8 am (Holy Communion) and 11 am Service with the
	Methodi	st congregation
January	14 th	11.00 am (Holy Communion)
January	21 st	8 am (Holy Communion) and 11 am (Morning Worship)
January	28 th	11 am Sunday (Holy Communion)

Other Services and Events in December and January

Stay and Play, our group for pre-school children (with parent or carer) meets on Thursdays in the Church Room from about 9.30 am until about 12 noon. There will be Play and Party on Thursday 14th; the group will then break up for Christmas and will meet again on Thursday 4th January. New families are always very welcome. There are toys and other things to entertain the children and tea, coffee and chat for the adults. For further information e-mail allsaintscw@gmail.com.

Each Friday morning we normally meet at 10 am in the Church Vestry for a short simple time of **Prayers for the Parish**. Do feel free to join us for about 30 minutes.

Carols on the Village Green. 24th December Do join other people from the village community for carols around the Christmas Tree on the village green. If the weather is poor – carols will move into the church – and the heating will be on!

Remembrance Sunday was celebrated by members of the village community which included members and former members of the Armed Forces. The service was led by our dear friend Rev Frank Parr and the address was given by Rev Mabel Parr.

The collection which will be sent to the RBL was approximately £190.

And from the new Rector, Canon Peter Greenwood

What a lovely magazine the Burtonian is! Cathy Birtwistle gave me November's copy a beautiful cover, interesting articles and useful adverts. I even like the way it is folded! So I am delighted to be introducing myself here. My name is Peter and I'm the new Team Rector of the Ingleborough Team - which is the five Church of England parishes of Bentham, Burton in Lonsdale, Chapel-le-dale, Ingleton and Thornton in Lonsdale.

Up to now I've worked with communities and churches in Derbyshire, Pakistan, Yorkshire, and most recently in North Dorset.

I'm from Yorkshire - as you can probably tell from my family name. My Mum and Dad came from Golcar, near Huddersfield, and I grew up in Wakefield. I studied architecture in London and worked there for a short while, before going to theological college in Durham and being ordained.

I am loving living in this beautiful part of the world. I live in Bentham, and most mornings I walk down to the River Wenning. On the way back there's a wonderful view of Ingleborough. Everyday the view is different. Sometimes Ingleborough carries a proud profile, sometimes invisible, sometimes crowned with mist. I'd like to climb Ingleborough every month of the year and experience all the different seasons there. At the right time if you can guide me to quietly watch a trip of dotterel, I'd love to hear from you.

I look forward to meeting you in Burton and beyond this Christmas or in the New Year and beginning to hear your stories too.

One with you in the love that unites us all. God bless and Love

Revd Canon Peter Greenwood peter.greenwood@leeds.anglican.org





At DMS CARE our primary concerns are your wellbeing and that of those close to you. We aim to be the number one supplier of holistic domiciliary care and suppliers of medical equipment in Bentham, Burton, Ingleton and surrounding areas.

At DMS CARE we understand how difficult things can be and that's why we tailor our sevice to your requirements. We care, not just for our clients, but for those around them and they will be updated as much as you allow so that your family and friends are uo to date with your condition. We understand how stressful not knowing can be.

07856 392 209 Email David Senior at dmscareltd@gmail.com

CHRISTMAS AT THE VILLAGE SHOP.

Christmas is almost upon us, and we have lots of seasonal goodies to tempt you, as well as the everyday essentials.

We will be taking Bowland Turkey orders, so pop in for a brochure. Don't forget we can take your special orders from all our suppliers including Dales, Kitridding, Cornvale

We continue to deliver in the village, for those of you who cannot get to the shop.

To save disappointment why not pre order your Christmas Eve and New Year's Eve croissants.

Opening Times:

Christmas Eve 8am to 1pm **Christmas Dav** Closed **Boxing Day** Closed Wed 27th Dec 7am to 6pm Thurs 28th Dec 7am to 6pm Fri 29th Dec 7am to 6pm Sat 30th Dec 7am to 1pm 8am to 1pm Sun 31st Dec Mon 1st Jan Closed Tues 2nd Jan 7am to 6pm.

Thank you to all our customers and our volunteers and our staff for all your support throughout the Year.

Rachel & Ali @ THE BARBER SHOP 3 Station Road, High Bentham

Monday 9.00 till 5.00 9.00 till 5.00 Tuesday

Wednesday 9.00 till 5.00. Thursday* 9.00 till 12.00

& 4.30 till 9.00pm

Friday 9.00 till 5.00

8.30 till 12.00 *Appointments available Thursday mornings

Alison 07761 725744

Saturday

Rachel 07851 464433





Tree Care and Forestry. Felling, Thinning, Reductions, Stump Grinding, Pruning, Hedging and Hedge Laying.