



The **Burtonian**

Burton in Lonsdale
Village Newsletter *Number 97*
Apl / May 2020

PRICE: 25p / FREE to residents

Village Websites ...

www.burton-in-lonsdale.net
www.burtonshop.co.uk
www.burtonsports.co.uk
www.burton-in-lonsdale-village-hall.co.uk

And do look up the various Facebook pages of the Village, the Shop, the Village Hall, Sports, Stay & Play, the Punchbowl

Since we have been doing the Burtonian, this months' edition is by far the least inspiring we have produced, the reason being obvious. As a village we have shown what a great community we are and how we can pull together when needed, I am thinking in particular of the massive effort everyone made for the occasion of the WW1 centenary celebrations. Now, we are faced with another challenge, albeit, on a totally different theme. Already we are seeing how strength of Community has rallied round to support those who need it, with our amazing village shop at the forefront, continuing to keep us supplied with essentials and more besides. Special thanks must go to Sarah and her team for the exhaustive work they are putting in and I know they have been inundated with offers of help.

We have included articles in this edition that were compiled before this crisis took hold, so obviously, any that are advertising forthcoming events are to be viewed under current restrictions. Luckily we are surrounded by glorious countryside where, hopefully, we can individually enjoy some exercise and the best tonic of all, fresh air and sunshine. Look out for your neighbours and friends and hopefully, by the time of the next edition, life will have taken on a more positive face.

David & Marilyn

burton.news@gmail.com

Pancakes

The donations at the annual pancake party in the Village Hall came to £149.90. Thank you to all who came and made this event such a success. The donations will be sent to the Children's Society.

Cathy

DATES FOR YOUR DIARY

We usually have a page of dates for the next two months or so, as well as lots of regular activities. But for the time being, we will need to entertain ourselves.

If any events do start up over the next two months, before the next Burtonian comes out on the 1st June, they will be on the Village website.

Burton Village Shop

Burton Village Shop is a community shop at our village centre managed by local people in and for this community. It provides a vital amenity in our village, and we need to ensure its long term future.

Have you thought of becoming part of Burton Village Shop?

Would you like to hold a share in it and become a member of the Burton Village Shop Association Limited?

Membership entitles you to attend and vote at the Annual General Meeting, and to stand for election to the Management Committee, and have a stake in its future.

There is a once only £10 membership fee.

Application Forms for membership are in the shop. Please complete and return either to the shop or to Maggie Bruno with your £10.

WW1 Commemoration Group

At a meeting in February, it was agreed to distribute surplus funds as follows:

£100 for a memorial tree and commemorative plaque;

£350 to Mothers & Toddlers to contribute toward the £5k target for toddler play equipment on the rec;

£250 to establish a community fund to support future events and community engagement.

Denis will investigate likely places for the memorial tree

Mike Biles

Bentham Film Group

On Friday 3rd April Bentham Film Group were going to be showing the 2019 American biographical film 'Harriet' (Cert 12) about the inspirational life of the abolitionist Harriet Tubman.

Unfortunately, along with many other events, this has been postponed.

Stella Hall

To celebrate the 150th Anniversary of the completion and consecration of All Saints Church we are hoping to have a Songs of Praise service for everyone on **Sunday April 19th at 6.30pm**. Please put this date in your diary, give or send us your favourite hymn (to have been written after 1870) poem or reading, and let us know if you would like to take part in the service.

A MESSAGE FROM CRAVEN DC

Coronavirus advice and information for residents

Maintaining the safety of everyone in Craven is our top priority and we're working with our partners to closely monitor developments nationally and internationally.

All the up to date information about the services we are running for residents is available on our website here: <https://www.cravencd.gov.uk/coronavirus-advice-and-information/coronavirus-advice-and-information-for-residents/>

Key points as of Friday March 20th:

Customer Services

Our telephone lines and contact centre is operating as normal. Our reception operating times at Belle Vue Square are normal and the building is open as usual. However where possible we would prefer people to call us on 01756 700 600 or email contactus@cravencd.gov.uk.

Waste Management

All waste collections are operating as normal. The government has issued guidance about the handling of waste, especially from households where someone has tested positive for, or is showing the symptoms of, the coronavirus. In particular, waste such as used tissues or cleaning cloths should now be double-bagged before being put out for collection even if you have a wheelie bin.

Bereavement Services

Skipton Crematorium and all burial services are running as normal. However, we would advise anyone who is in the high-risk category or indeed self-isolating to please not attend any services. All our crematorium chapel services are available to be viewed via web-cast. This would need to be arranged via the family and their funeral director.

Our Book of Remembrance Chapel is still open every day from 9.00 am until 4.00 pm – alternatively you can view the pages at any time by visiting <https://www.remembrance-books.com/skipton/book-of-remembrance.html>

Craven District Council's Bereavement Services can be contacted on 01756 796118 or bereavementservices@cravencd.gov.uk.

Craven Leisure

Craven Leisure remains open, however, swimming lessons have been cancelled and there are a number of restrictions. Please check our website at <https://www.cravencd.gov.uk/coronavirus-advice-and-information/coronavirus-advice-and-information-for-residents/> for more information on this and other services.

And one more thing on this subject ...

**As is the way of things nowadays, this is a new opportunity for scammers.
Please do not answer the door to cold callers offering help.**

CIRCUIT TRAINING

There was going to be a new session of Circuit Training starting on Wednesday APRIL 22nd but, along with many other activities, this has been cancelled.

Also the **ARCHERY TASTER DAY, HAVE A GO DAY & BEGINNER COURSE**

Hopefully we can get back to these activities as soon as ...

Lune valley swimming pool - more good news



A very good start to the new decade with more public swimmers taking full advantage of the range of activities on offer.

Because of this we have been able to revise some of our earlier cost reduction measures.

Following several requests we have re-instated Saturday morning sessions starting on Leap Year Day Saturday 29th February,

Lane swimming 9-10 and public swimming from 10 -11. Saturday afternoon is available for private family bookings. These sessions have been generally well received and more afternoon private parties are being booked.

Sunday morning 'Fun-day' continues to attract more families. Of course its early days and we are constantly monitoring and tweaking to suit demand.

Parent and Toddler -We've introduced a brand new Parent & Toddler 30-minute 'Splashing Tots' swim session.

This fun pre-school splash-around session is aimed at parents with pre-school aged children.

Exclusive use of our 30oC UV treated pool with various toys, floats and small inflatables to play with along to children's music and nursery rhymes.

Lifeguard on duty. Tuesdays 11.30am - 12pm. £2.50 per child, Adults FREE. It's already very popular!

Authorised admission policy - One responsible Adult can supervise two under 5's in the water.

Away from the water our dynamic poolside teaching team recently held a very successful Family Bingo and games night in Hornby.

Thank you to everyone who organised, donated prizes, supported, attended or helped in any way with this family-friendly night.

A great night and a superb result which raised a very welcome £500 for pool funds.

The new management team is confident that 2020 will see continued improving viability to ensure a bright future for this lovely pool and if we are missing other opportunities please let us know. It's your pool, tell us what you think.

Please call in anytime or check our colourful website and Facebook as follows.

www.lunevalleypool.com; Facebook - lune valley swimming pool.

Email poolmanager@lunevalleypool.com Direct line pool telephone. (01524) 805666.

As we go to press the Lune Valley swimming pool is operating as normal but as government advice changes and demand falls we may well have to close. Please check our Website and Facebook page for updates.

STONWORKS BUILDING SERVICES

All aspects of stone building
Including Walling, Repointing,
Restoration, Pillars and Patios

Free Estimates
Dan Evans 07904902503



Sam Watson
Bentham
015242 37728
07789 901329

Wood+The Trees

Tree Care and Forestry. Felling,
Thinning, Reductions, Stump Grinding,
Pruning, Hedging and Hedge Laying.

SMART SIGNAL

Aerial & Satellite Installation & Repair
Wi-Fi & Home Network
CCTV Installation




Ben Fawcett
Frounts Cottage, Duke Street,
Burton In Lonsdale
015242 62017 – 07950028622
smartsignal@outlook.com

TOTAL WELLBEING

Beauty & Bodywork Salon
Sarah M Malkinson
Sports Therapist IIST IIHHT

Sports/remedial massage, Aromatherapy,
Reflexology, Indian head massage, Facials,
Eyelash & Brow tinting,
Male/Female waxing,
St.Tropez express spray tan,
Hopi ear candles,
Sun Shower.

11 Station Road, High Bentham
Tel. 015242 63223
Follow us on facebook



WILL HAMBLING
BURTON IN LONSDALE

PAINTING & DECORATING
INTERIOR & EXTERIOR



07858 572 336
015242 80112
WILL.HAMBLING@SKY.COM

Piates

Bentham
Melling
Caton
Wray

Call Anne: 22425
or 07935803370
anne.pilates@yahoo.co.uk



Get fit . . . Stay fit . . . Love life

Weekly Saturday Park Run

Due to the current situation with the Coronavirus the Weekly Saturday Park Run will not be recommencing until the end of May at the earliest. The pavilion at the recreational field will be also shut until this time.

However please note that currently the recreational field is still open as normal so if you would like to walk / run round the field then please do so. If there are any changes in the future these will be notified through the issue of posters / notices.

Thanking you for your cooperation.

Mike Illsley

From Burton's own foreign correspondent

Gwen Harris

From Burton's own foreign correspondent

It is March and the heat is building. We are a week away from examinations and I awake in the early morning to the drone of students chanting as they commit lessons to memory.

Groups of them squat outside classrooms, huddling over their textbooks, swaying slightly as they intone the words. My role here is train teachers so that education moves away from rote learning but I realise that I still have some way to go. The sound, however, is rather soothing and I rather regret that, in years to come, the campus might become a much more silent place at exam time.

Sunday March 8th is full moon day, marking the festival of Tabaung and Pa-Oh national day, the Pa-Oh being the third largest ethnic group in Myanmar. Taunggyi, the town where I currently work, is near to Kakku, a sacred site and place of Pa-Oh pilgrimage for the festival. The single track road through the Shan hills is well surfaced but clouds of red dust fly up as we pull over to allow vehicles to pass. Patches of green in the valleys signal fields of onions, a key crop at this time of year. Rice will not be planted until the rains come.

Open trucks bearing wave after wave of Pa-Oh arrive at Kakku, their brightly coloured 'turbans' in startling contrast to the traditional outfit of black or navy-blue serge wool jacket and trousers. The headwear, distinguishing the different Pa-Oh groups, ranges from orange tartan scarf to brilliant blues and greens. The unusual shape, with flaps of material at each side, is said to represent the head of a dragon, one of their legendary ancestors.

Streams of families, the men and women sporting cheerfully pink woven shoulder bags approach the pagoda barefoot, turning to stare briefly at the two foreigners wandering around mesmerised by the rows of white stupas, now tinged a rose hue in the late afternoon sun. We stroll in a sense of wonderment along row after row, nearly 2500 stupas in total as the guidebook tells us, though we do not bother counting. Outside, groups sit picnicking on bamboo mats. I enquire of our Myanmar teacher colleagues why they are not going home and am informed that they will stay all night in order to make an offering to the Buddha at first light. As we depart and dark falls, the moon hangs large and clear overhead, the light catching a lone white Buddha statue by the side of the road. Our driver briefly brings his hands together in homage. All here is piety.

Another day, another festival. Thingyan, the water festival in April, is the main holiday period, when all government offices, including the College is closed. So, in a country, where festivals are celebrated with alarming regularity, the College decides to hold a pre-water festival, before exams, to give the students some fun time. A stage is erected, a loud-speaker system set up, a telecom sponsor appears with balloons and DJs and a red fire truck stands by. Just before 2pm I am collected to walk the 25 yards to the area where groups of students are handing out traditional rice and jaggery sweets. The Principal, Vice Principal, Heads of Department and other teachers, dressed up with flowers in their hair, mount the stage to loud cheers from 800 students. 'Teacher, teacher' they beckon and I am reluctantly hauled up, then garlanded with tinsel to even louder cheers as is my colleague. Traditional music blares out and everyone on the stage starts dancing and so must we, to our chagrin, trying to copy, terribly inelegantly, our Myanmar colleagues' delicate hand gestures. This is all to loud acclamation from the students who obviously enjoy the sight of foreigners dancing extremely badly. Ordeal over, the students start chanting 'DJ, DJ'. Tradition is now out of the window. A heavy beat shakes the ground, students hurl themselves into a frenzied jumping up and down. And the fire truck? Two sets of firemen produce fire hoses at each side of the crowd, spray the students with gallons of water, the result a writhing mass of

drenched figures chanting and gyrating on what rapidly becomes a mud bath. Glastonbury, you are not so far away. And as for the C word. Myanmar has no known cases. That is less to do with luck or judgement than the fact that there have been no test kits available. Some have now arrived. As a country bordering with China, it is not a question of whether it is here, but how widespread it already is.

Gwen is spending a year in Myanmar working as a volunteer for the international aid charity, VSO. For people interested in reading more about her life in Myanmar please go to www.qweninmyanmar.wordpress.com

HOW OUR VILLAGE GOT ITS NAME

By our Deputy Historical Correspondent

It hasn't been widely reported but it has recently come to light that around 1,400 years ago a small settlement of people from Denmark known as Tunbors eked out a rather precarious living on the bank of the River Greta somewhere close to where the sewage treatment plant now stands. Of course all the people of the settlement took on the surname Tunbor as was the custom at the time. It seems from the few relics, bones and artefacts that have been unearthed, as well as from ancient documents which have been discovered in Ripon Cathedral that these people made their living from goats, it's not certain how this was achieved as the goats would appear to have lived to a ripe old age, and from dispensing herbal cure-alls to inhabitants of other settlements that were within a few miles of the Tunbors.

They also kept a few pigs and discovered that the deceased animals, after butchering, could be left in a barrel along with some salt from the nearby salt quarry (long since worked out), not only would the pigs not go off but they took on a completely different flavour. This was the first Danish bacon, a slice of which, when cooked, was deemed to be delicious between two slices of Danish roll which had been covered in Danish butter made from the milk of the goats. As the bacon would keep longer it could be sold at distant markets such as Lancaster. This was a significant breakthrough as it took two days to reach Lancaster, much the same as by Stagecoach today.

There was also quite a demand for the local healer who attended confinements, if she could be bothered, being rather over fond of her own herbal concoctions.

In April of the year 520 the whole of the settlement was washed away and all the inhabitants drowned. News didn't travel very quickly so when a young lady from a settlement on the River Wenning was having difficulty producing her baby a boy in a horse and cart was dispatched to fetch the famous Tunbor midwife, he left a note for his mother but being dyslexic the note read 'Gone for a Burton', and of course it had. That's how Burton got its name.

To mark this event a little known group called the Detectors of Lost Tribes will be holding a small celebration at 11:00 am on the first Wednesday in April. To give the event more atmosphere it will take place by the sewage plant, all are welcome. For the benefit of those whose car cannot cope with Burton Hill the event will be beamed live to a screen on the village green.

BLOGGER MIKE BILES AND PENNINGTONS COFFEE ROASTERS AND TEA MERCHANTS

At our January meeting, blogger and local author, Mike Biles gave a great talk about his *A Bit About Britain* website. Through the site Mike aims to inspire, inform and entertain; and he certainly did this when he spoke to us. He showed us round *A Bit About Britain* which acts as a portal into Britain's heritage and attractions. As well as picking out examples from further afield, for example, Portsmouth, he homed in on some lesser known local places of interest. This included Eamont Bridge, the site of a gathering of early British kings in 927. Also, Clifton (where the 18th century Battle of Clifton took place during the Jacobite Rebellion). Both are in Cumbria.

Mike also talked about his recently published book *A Bit About Britain's History* which is proving popular and was available for sale.

At our February meeting, Gina Pennington talked to us about Penningtons, the independent, family-owned and family-run coffee roasters and tea merchants, based in Kendal. Penningtons hand roast specially selected, ethically sourced coffee beans from around the world. These they supply to the hospitality industry in the area.

Gina handed round unroasted coffee beans and a selection of 30 different blends of teas and fruit teas. We also tasted wonderful Colombian, Brazilian and Ethiopian Yirgacheffe coffee and received advice about coffee making and coffee storage. We all took home a complimentary pack of delicious Penningtons Assam tea.

Since our February meeting Penningtons have won 'The People's Choice' Award 2020 for Cumbria from The Family Business Network.

Our March meeting entitled 'Paper, Parchment and People' was with our own W.I. member Margaret Owen. Margaret recently retired from her post as Senior Archivist for Cumbria County Council. It was fascinating to hear about her work, not the dry dusty task some would imagine. Her illustrated talk included photos of records kept in County Hall in Kendal and a room that was originally designed as a Nuclear Bunker, past citizens of Kendal and wide eyed children enjoying a 'Hands On' experience as she made history come to life. We all enjoyed hearing about her varied and interesting career.

Margaret Owen & Ruth Gill

Burton in Lonsdale WI

FILM NIGHTS

Over the last 3 and a half years, we have shown 36 films, average attendance about 35. We hire the films (and the licence) from Eden Arts.

Usually, the revenues cover the costs, occasionally they don't, but the main thing is the social occasion. Any surplus goes towards the upkeep of the Village Hall and this has raised some £2,000 over the years, which I'm sure you will agree is a really positive outcome.

Unfortunately, along with many other events, the next two scheduled performances have been cancelled and we have no way of knowing for how long this will last. We will, of course make sure the recommencement of the film nights is communicated to everyone and look forward to welcoming you all back when the coast is clear!

The Film Crew

H & M

CRAFTSMEN

KITCHENS | BEDROOMS | COOKSHOP

Lots of Baking ideas in our Cookshop.

Why not call in?



Ingleton | North Yorks | LA6 3NU

015242 41535

kitchensandbedrooms.co.uk

butler interiors

Designers, suppliers & installers
of quality German kitchens.

Call in at one of our beautiful showrooms in
Lower Bentham or Kirkby Lonsdale

Butler Interiors
Low Mills
Mill Lane
Low Bentham
Lancaster
LA2 7FL

015242 63388

Next125 Kitchens
Lane House Business Park
Kendal Road
Kirkby Lonsdale
Cumbria
LA6 2HH

015242 37747

www.butlerinteriors.co.uk

Dalehead
Veterinary Group Ltd



Healthy Pet Club

PUPPY & KITTEN PLANS



01729 823538

www.daleheadvetgroup.co.uk



Ofsted rated us Outstanding in all areas

Open 7.30am – 6.30pm

- 30 hours free childcare for eligible 3 & 4 year olds.
- 15 hours free childcare for eligible 2 year olds.
- Modern facilities and a friendly traditional atmosphere.
- Flexible opening hours to cater for most needs
- Dedicated Baby facilities.
- Holiday club available during all school holidays.

1 Station Road

HORNBY

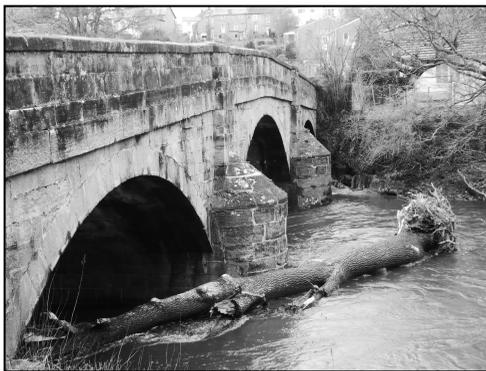
T: 015242 22288

E: info@hornbydaynursery.co.uk

Call or email the nursery to discuss your individual needs or to arrange a visit.

A photo of the tree washed down and lodged by the bridge in February's Storm Dennis. And on the 2nd March, photos of local contractor Brian Lawson and his team sawing up and removing the large and very heavy ash tree from the River Greta.

Photos by Jane Burns



Ewecross Historical Society *Methodist Church, Station Road, Bentham* 7.30

Monday 27 April Short AGM. Followed by a speaker and Jacobs Join refreshment
See website for speaker and summer events.

Ingleborough Archaeology Group *Ingleton Community Centre* 7.30

Monday 20 April David Ratledge Travelling with the Romans:
Roman roads in North Lancashire & South Cumbria. Includes recent discoveries of routes.

Monday 18 May Dr David Johnson An Amble Around Austwick Meet 6.30
See website nearer the time for meeting place and possible meal beforehand.

David Gibson



**Pennine Outdoor
Fabrics Ltd**

Fabrics & Haberdashery

For Wind, Rain or Sunshine

COME UP & HAVE A LOOK!

www.pennineoutdoor.co.uk

015242 63377 Above Bertham Imaging Main St

Gallaber Farm

Holiday Cottage and Caravan Park

Cottage with stunning views sleeps 4

A 5 and a 6 berth static caravan for holiday rental

15 touring pitches with hook up points

For further details please contact Jennifer Sedgwick on 015242 61361 or visit our website www.gallaberfarm.co.uk

**Please do patronise our advertisers, they keep the magazine going.
And if you know of anybody who might like to advertise in the Burtonian, please get in touch.**

Holiday Cottage High Street, Burton in Lonsdale

Warm cosy well equipped cottage appointed to a very good standard.

3 Bedroom, Sleeps 5. Sorry no pets.

Weekly and shorter breaks are welcome.

Discount for friends and relatives of locals.

For more details please contact Heather or Keith 07540 137715



Are you looking to move in 2020?

Armitstead Barnett are a leading firm of rural Chartered Surveyors and Estate Agents offering the bespoke service that *you need*.

Do you want ...

- Professional advice to support your needs
- Bespoke presentation with professional photography and floorplans included
- Invaluable local knowledge
- 4 office network giving regional exposure

- Chartered Surveyors
- Estate Agents & Valuers
 - Auctioneers
 - Land & Farm Sales
- Planning & Development

Tel: 01539 751 993

E: kendal@abarnett.co.uk

Contact us to

discuss your home today

abarnett.co.uk

Dogs: Love or Hate ‘em?

Dogs and their owners or owners are a bit like Marmite: you either love ‘em or hate ‘em!

Since Christmas it’s been noticed there has been a lot more pooch poo left around the village’s pavements and on the Village Green and other popular dog walk routes. Particularly annoying are deposits left outside peoples’ front doors, or parked cars, left for unsuspecting people to squelch in before entering their house or car. It has also been noted there are quite a few dogs exercised on the Village Green, off the lead, and therefore likely to do something just when the owner isn’t looking. Enough detail!!

Dog owners and dog walkers: please ensure you pick up after your dog has done its business.

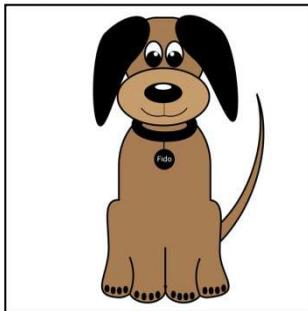
Dog poo bags can be bought at the shop for a modest price; they are also available at vet surgeries and retail outlets. Put a couple of new bags in your pocket each time before you leave the house; if your dog is off the lead, check there are no ‘visiting cards’. And please put the used bags in a waste bin or take them back to your waste bin. Try not to leave them on the verges.

Dog poo carries a lot of ‘nasties’ (see the websites :

<https://www.cravenc.gov.uk/cleaner-neighbourhoods/dog-warden-service/> <https://www.nhs.uk/conditions/toxocarasis/> and

<https://doodycalls.com/blog/toxic-waste/> for interesting information); some are particularly nasty for pregnant women and small children.

Thanks for your understanding and co-operation.



And another plea

‘At least one dog walker thinks it a splendid idea to chuck the poo bag into our dustbin on Leeming Lane rather than having to make the effort to carry it all the way home. It is not a splendid idea - it is inconsiderate and pretty disgusting - and we would very gently ask that this stops.’

name and address supplied

Dear Councillors and Residents

Coronavirus 2020 : Government advice

Following Government advice regarding social contact, the Parish Council has decided to close the Pavilion until 31st May 2020. The closure will be subject to review, depending on what Government advice is closer to the time.

In the meantime, the Recreation Field itself remains open for residents’ use.

We all hope things will return to ‘normal’ as soon as possible and will give an update toward the end of May.

Many thanks for your understanding; keep well.

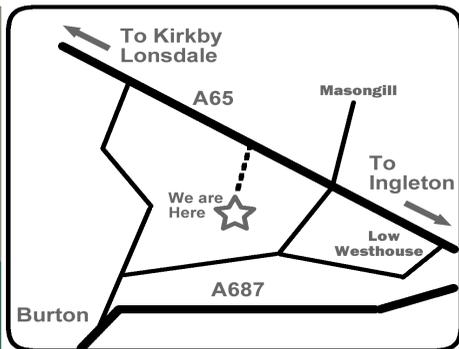
Kind regards

Susan Gregory

Chalybeate Kennels & Cattery



Pet Food & Supplies
015242 41120



BRAND NEW HEATED KENNELS HEATED CATTERY

- ALL IN A LOVELY COUNTRY SETTING
COMPLETELY REFURBISHED SHOP
SELLING ALL PET FOOD & ANIMAL SUPPLIES
DROP IN, OR TELEPHONE RACHEL OR CHRIS

Full Days Available!

Happy Days at **Busy Bodies Pre School**

All 3 to 4 year olds can access 15 hours per week of free early years entitlement. Some 2 year olds are also eligible if criteria met.

Session Times
Monday, Tuesday & Thursday

Morning Session - 9am-12.30pm - £14.00 (includes lunch period)
Afternoon Session - 12.30pm - 3pm - £10

Full Day - £24.00

(A school lunch can be provided upon request for £1.10)

Busy Bodies Pre School,
c/o Melling St Wilfrid Church
of England Primary School,
Lodge Lane,
Melling,
LA6 2RE.
015242 21538 Ext 2



Bay Vets

"The Community Vets"

Inspiring trust, passion and care to deliver excellence to pets and their families.

Lancaster 01524 32696
Morecambe 01524 410867
Milnthorpe 015395 62770
Caton 01524 770615

24 hours emergency service

info@bayvets.co.uk
www.bayvets.co.uk



GARDEN WITH GUNTHER 2020



As I write this, a few good things to cling on to...

It seems to have stopped raining, new born lambs are in the fields, primroses deck the sides of the lanes and the village green has never looked prettier in the sunshine. In these strange and scary times Mother Nature still gives us a sense of things happening as they should.

Meanwhile there will be plenty of opportunity in the weeks ahead to get the garden looking good. David Thornber gives advice.

Gardening jobs for April.

This is a great month to prune back and re-shape any large winter flowering shrubs that may get out of hand through the new season.

Plants such as Forsythia and Viburnums can be pruned quite firmly to fit into their surroundings. This allows the opportunity to under plant with small plants such as Epimediums to help keep colour in these areas.

Give Roses a kick start for the season with a mulch of well rotted horse manure or some homemade compost. This will encourage strong growth which will in turn support the future blooms.

Sow herbs outside for summer harvesting, They enjoy a sunny aspect and free draining soil containers are an option if you feel your soil is a bit heavy and not suitable.

If not already tackled, you can scarify the lawn to remove moss which may have become troublesome after the wet and mild winter, This will allow the grass to grow strongly because it will have more light and a freer draining environment.

Perennial weeds are starting to show now so remove and take as much of the root system as possible so they don't become an issue in the summer when they can reach flowering/seeding size and start off another generation.

Young tender shoots of Day Lilies and other summer border favourites will need protecting from slug damage.

Jobs for May.

Keep some horticultural fleece handy in case we get some late frosts as a little effort to protect vulnerable blooms/foilage can pay dividends for the display.

Now the temperatures are warming up you can really perk the lawn up with a balanced fertiliser which will bring on a lush green sward after the winter and early spring stress.

Organise supports in the borders for Peonies and Delphiniums etc, because it's better to do this job early rather than allowing damage to be done and reacting at a later stage.

Clip topiary as this is a lovely foil for the summer displays and it grows tighter and more compact the more you do it. Train in Clematis growths so that you get the desired effect later in the season regarding coverage of trellis etc.

At the end of the month you can plant out any subjects that are prone to a cold snap such as Sweet Peas and Dahlias as now the soil is warming and they can get off to a flying start and begin strong root growth.

Happy Gardening – Gunther

TWO DATES THAT MAY OR NOT HAPPEN

Burton Heritage Group

Annual General Meeting

Wednesday 13 May at 7.45pm in The Punch Bowl.

All Welcome.

Book Fair, Clapham Village Hall

Sunday 19 April, 10.00am – 4.00pm. A wide range of second-hand, out-of-print and antiquarian books for sale, also classical CDs – ring 015395 35125 for further details

New Play Equipment at the Recreational Field.

After a lot of work, from several organisations, the new play equipment will be going ahead during the week commencing 13th April. Whilst the equipment is being installed, the play park will be out of bounds. This should be for no more than a few days and as such the play park will be re-opened by the 20th April. The new equipment is for age group from two to five year olds. It will be great addition to the park and it will give the children enjoyment and fun over the coming years.



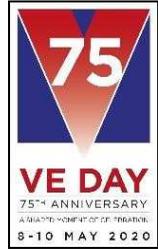
In the next Burtonian there will be further information on the people and organisations who have helped to make this happen. However one group which deserves a mention now is the Stay and Play Group who have been raising monies for the equipment over the last few months. They are holding a fundraising Easter Egg Hunt at All Saints Church on Sat 11th April 10am-12noon. Entry is £1 per child and any additional donations will be more than welcome.

Mike Illsley

Street Party – what Street Party?

Michael Lavelle

It will come as no surprise to you that we have cancelled the VE Day street party scheduled for May 8th. We cancelled it on March 12th long before Bojo started to take action. This decision has saved us from having to make some difficult choices. The entertainers, the Morris Dancers, the High Society Jazz Band and Elton John could not decide who should have top billing. So that's one thing less to worry about. There may be an occasion when we can resurrect the idea.



On the 14th March, **Burton in Lonsdale Book Group** celebrated its 25th Anniversary with a tea party in the Village Hall.

There were four of the founder members present and it was well supported by village friends. There was a book stall and many went home with new books to read.

Tea and home-made cakes were served by the present members and it was a memorable celebration of the Group's achievement.

Jill Peel



J. LAWSON

ELECTRICAL CONTRACTOR

14 MANOR CLOSE 07786 222566
BURTON IN LONSDALE 015242 62916
LA6 3NE

jlawsonelectrical@gmail.com



Birkwith Bookkeeping
Services

**Sage Accounts, QuickBooks, Payroll,
Excel, VAT, Making Tax Digital.**

Offering professional and confidential
bookkeeping services. Over 20 years
experience. Competitive rates.

Call: Michelle on 07730616966
birkwithbookkeeping@outlook.com

BAHons, AAT, Sage Excel

Telephone: 015242 - 61557

W. H. HAMBLING

PAINTER & DECORATOR



GRETA BANK
BARNOLDSWICK LANE
BURTON-IN-LONSDALE
CARNFORTH
LANCASHIRE
LA6 3LZ



MARK WATSON

HOME & GARDEN MAINTENANCE

Digging, fencing, hedge trimming, mowing,
paving, planting, power washing, rockeries,
rotavating, seeding, spraying, strimming,
turfing.

07759680938

07759680943

Demolition, dry lining (plaster boarding),
insulating lofts, pointing, rendering.

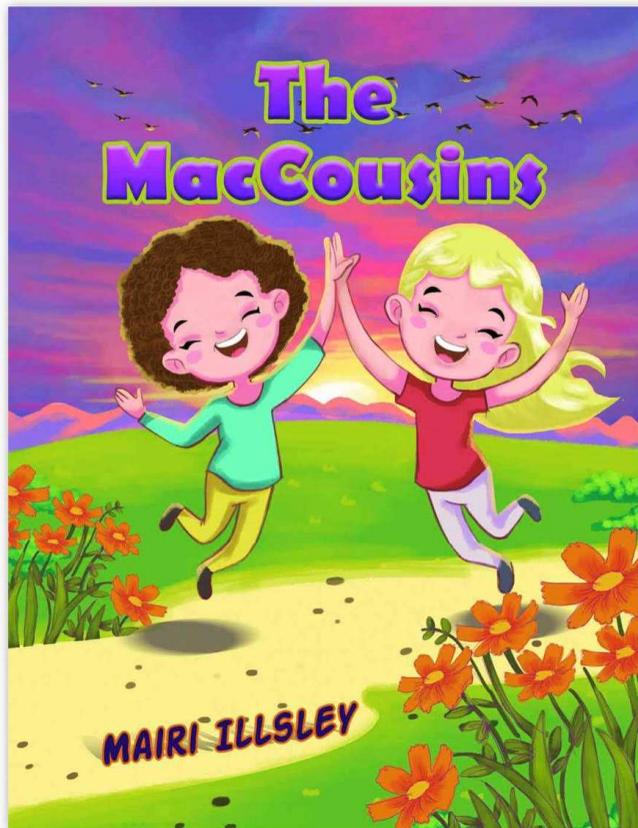
Low Bentham

015242 62038

No job too small, reasonable rates,
estimates given.

It appears that we live in a village full of authors! Last week, Mairi Illsley's children's book "The MacCousins" was published by Austin Macauley Publishers. The book tells of the adventures of Rosie McPosie and Tora McFlora, characters based largely on her grandchildren.

Before retiring, Mairi was a Principal Teacher Support for Learning and was specifically interested in promoting literacy. Her book is a read to, read with and eventually read independently book using rhyme, rhythm and attractive illustrations to prompt the young reader. It is available through Amazon, Austin Macauley Publishers, Waterstones and Barnes and Noble.



The MacCousins

Children's

Mairi Illsley

All Saints' Church News

Sunday Services in April and May

April	5th (Palm Sunday)	8 am (Holy Communion) and 11 am (Family Service)
April	10 th (Good Friday)	11 am Service of the Cross, gather in All Saints Church and the cross will be carried to Castle Hill where there will be a short service
April	12 th (Easter Sunday)	11 am (Holy Communion)
April	19th	8 am (Holy Communion), 11 am (Morning Worship)
April	19th	6.30 pm Songs of Praise to celebrate 150 years of worship at All Saints
April	26th	11 am (Holy Communion)
May	3rd	8 am (Holy Communion) and 11 am (Family Service)
May	10th	11.00 am (Holy Communion)
May	17th	8 am (Holy Communion) and 11 am (Morning Worship)
May	24nd	11 am (Holy Communion)
May	31 st	11 am Morning Worship

All Services and other activities are cancelled until the need to maintain social distancing is past. The church will be open for private prayers each Friday, Saturday and Sunday during daylight hours and there will be a member of the church available, in All Saints, at the normal service times. Prayer sheets will be available to those who wish to pray in the church. Any activities will be published on posters in the village.

Other Services and Events in April and May (subject to the end of social distancing)

Stay and Play, our group for pre-school children (with parent or guardian) meets on Thursdays in the Church Room from 10 am until about 12 noon. New families are always very welcome. There are toys and other things to entertain the children and tea, coffee and chat for the adults.

For further information e-mail the church wardens on allsaintscw@gmail.com

Each Friday morning we normally meet at 10 am in the Church Vestry for a short simple time of **Prayers for the Parish**. Do feel free to join us for about 30 minutes.

Best wishes,

Catherine and Christine, Church Wardens at All Saints

And from Vicar Denis ...

A man went to visit his 90 year old grandfather and while eating his breakfast of eggs and bacon prepared for him, he noticed a film like substance on his plate. So he said "Grandfather are these plates clean?" His grandfather replied "Those plates are as clean as cold water can get them, so finish your meal. That afternoon, while eating the burgers his grandfather made for lunch, he noticed some black specs around the edge of the plate so again he asked "Grandfather are you sure these plates are clean?" Without looking up from his burger, the grandfather says "I told you these plates are as clean as cold water can get them, now don't ask me about it anymore". Later in the day he decided to go out to get dinner but grandfather's dog, which was lying by the door, started to growl and would not let him pass. "Grandfather, your dog won't let me out" the man shouted. Without diverting his attention from the football game he was watching on the TV, his grandfather shouted, "Coldwater, get out of the way!"

Well today, in these challenging times, we do have stringent messages on the importance of cleanliness and being a good neighbour. In my years in the village I have seen many cases of being a good neighbour but it is especially important today. This begs the question of who is my neighbour? When Jesus was asked this question he came up with the story of the Good Samaritan (you can find this in the Bible-Luke chapter 10). Essentially the neighbour was the one who helped, even though he had a different creed. The message of the Good Samaritan is that to be a good neighbour is to care for all. The care the Samaritan gave was both personal and costly.

Jesus had just instructed the crowds to love God with all your heart and to love your neighbour as yourself. In these difficult times we should all work together, putting aside differences. Let us all be vigilant in supporting each other. If you have a need – reach out. If you can help – reach out.

In the story the expert answers his own question. The good neighbour is the one who helps the needy. Jesus responds with the words "Go and do likewise".

CPR and Defibrillator Event 15th February at the Sports Pavilion

An excellent informative session was staged by Ingleton's Save a Life group to increase awareness and basic knowledge of CPR and using a defibrillator. Despite the dreadful weather (Storm Denis), 17 people came along either to refresh their memories, or to learn from scratch what to do in case of an emergency. If you didn't go, you missed a very interesting session!

Our thanks to the Ingleton Save a Life group – for giving up their Saturday morning and for the knowledge they passed over to our participants. Thanks also to Simon (Multi Media shop), for printing and laminating the posters. And thanks to the volunteers who helped with the session.

Didn't make this session? There will be another session later in the year – watch this space for further news.

Susan Gregory

Parish Clerk (tel 62863, email bilparishcouncil@btinternet.com)

Settle Ingleton & Bentham Mobile Rural Watch

In August last year North Yorkshire Police had a meeting with a group of members from the communities of Bentham, Ingleton & Settle to see if there was an interest in forming a Voluntary Mobile Rural Watch within this area. The Police initiative was in response to the recent rise in rural crime which cost North Yorkshire more than £1.78 million last year making it the 4th worst affected county in the UK by cost.

With a rise in rural crime of 86.7% from 2017, the pressure on the resources of the police is enormous. There are currently 29 volunteers in the Settle Ingleton & Bentham area. There are another 17 other rural watch groups throughout North Yorkshire with well over 300 members that help the police cover some 3,341 square miles of countryside inter-linked with 5,750 miles of roads. The majority of the Yorkshire Dales and North Yorkshire Moors are within the counties boundaries. Our Group known as the Settle Ingleton & Bentham Mobile Rural Watch is the most recently formed group and we cover a large area that include 11 Parish Councils and 2 Town Councils.

All the groups are approved and work closely with North Yorkshire Police. Members have to work to a Code of Conduct and strict guidelines, they work in pairs, in their own vehicles and report to the police on any suspicious activity of individuals or vehicles during the day and night. There are 3 types of membership within the group. Those that are vetted by the Police, are allowed to use Police radios, none-vetted but active members go out on patrol but are not allowed to use police radios, none-Vetted and non-active members. The last group are members who wish to remain at home but follow the activity of the other members, contributing towards patrols with knowledge about the area, vehicles and farms. All volunteers patrol in their own vehicles during the hours of darkness until the early hours of the morning. The Settle, Ingleton & Bentham (SIB) are looking for more volunteers to join the group and help combat the organised criminals entering the county and stealing from our communities. Over the last 12 months the most common targets for thieves have been tools, ATV/Quads, machinery and fuel.

We are looking to recruit new members of all levels into the group but are also seeking sponsorship to help equip the volunteers with Waterproof kit bags, Hi Viz Jackets, High powered rechargeable torches, Dash Cams for cars and Detailed, waterproof Ordnance Survey maps of the area and other items to help improve our ability to prevent crime. The Mobile Rural Watch act only as "eyes and ears" for the police and report in on 101 or if an emergency 999. It must be made clear we are not, nor will we ever be a vigilante group acting independently from the police.

This is a voluntary position only; they will not be paid for the hours they are out on Watch, the amount of hours they are out and about are what members are prepared to give. The Settle Ingleton & Bentham Mobile Rural Watch do have a basic website that is in the process of development that it is hoped will eventually allow members of the public to help the Watch fight crime in the area. The web address is www.uklocalwatch.co.uk/settle for more information or an application to join the group, contact leigh@uklocalwatch.co.uk.

Donations can be paid by BACS to HSBC, Account Details – Sort Code 40-40-31

Account No 51478680

Or by cheque to The Treasurer, Settle Ingleton & Bentham Mobile Rural Watch, C/O Settle Police Station, Duke Street, Settle. BD24 9DU.

Leigh Marshall

In the light of the Pandemic, Leigh has sent this update ..

The Pandemic is causing all sorts of problems but we are taking steps to overcome these and to continue with our patrols as we are sure that the criminals entering North Yorkshire will be taking full advantage of the situation with closed businesses etc. So we are temporarily changing the way we work whilst still trying to cover the same areas and covering all businesses we become aware of that have closed as a result of the virus, as well as continuing to patrol around the farms within our area.

A huge thank you to all those people who supported the **March Extravaganza** organised by **Bentham Area Refugee Support Group**. A fantastic total of £934 was raised which has been sent to the Ripple Effect, the charity based in Morecambe which works with refugees in camps in Greece. We were delighted that Carole, one of the trustees of the Ripple Effect could be with us at the concert. She was overwhelmed by the number of local people who offered their services and attended. We were grateful to Bentham Praise Choir for their generous donation of £50 as they were unable to perform on that evening.

The evening was expertly compered by David Pearce and Ali the group's treasurer gave a short explanation of the work of the Ripple Effect.

There was a wide variety of acts which kept the audience on their toes. The evening began with Settle Voices singing a range of music from different countries and the second half was introduced by Ingleton Band (formed just a year ago) playing lively folk music. The other acts were an amusing poem from Wendy Dowbiggin and a humorous story from Howard Matthew, beautiful singing from Katherine Beaumont, Gaelic folk music from Loose Connections and an entertaining sketch from Lizzie and Jameela. The evening was brought to a close with local group 3Amp playing a mix of current and classic pop favourites.

A big thank you to those who set up the hall and cleared away at the end. An evening like this would not be complete without delicious refreshments – thanks to all those who baked, served and washed up.

So once again thank you to the people of Bentham and surrounding area for your support and concern for those people who “don't leave home unless home is the mouth of a shark.”



News From Bentham Medical Practice – 19th February 2020 Minutes

By Danny Conroy (dsconroy44@gmail.com)

The Patient Representative Group for Bentham Medical Practice meets every few months. It's our chance to have a say about what is happening in our local Medical Practice and if you are interested in joining the group then please contact me for further details. Lorraine Crossley –Close, Danny Conroy, Jill Noble, Liz Ryan and Judith Nicol were present at the February meeting.

Lorraine has now become the chair of Quality and Patient Experience Group which will hopefully give us further insight into our local medical facilities.

We had some recent feedback from a patient who stayed at the newly renovated Castleberg Hospital in Settle and they were very impressed with the facilities and the accommodation.

In our practice Hannah Beard (Chiropractor) is extending her hours on a Monday to accommodate more clients. Andrea and Sue have retired and there has been a good response to the advert. Carol (Phlebotomist) will be leaving us at end of March. Dr Charlotte Choo Fon is here until end of March to be replaced by the next FY2 (Foundation doctor year 2) trainee Dr Natalie Kyrтата. Nurse Beth is training in contraception which will help Nurse Meg who has been the only nurse able to prescribe –of course GPs can. PLT (Protected Learning Times) Dates confirmed for next year until March 2021. The BBC was filming last year for a possible TV Series about a rural medical practice but sadly this will not be taken up by the BBC, however, C4 may take over the project????

The naming ceremony for Bowland View was cancelled due to the weather conditions but will hopefully be on 25th March. Sadly Airedale have now stated that they will not be sponsoring any beds for step up step down care which was very disappointing – they will be reviewing the situation.

Dianne has been invited to the AGM on 21st May. Dianne is Matron for Dementia at UHMBT. Bentham Dementia Friendly Group has also been invited to the AGM.

Rotary Club Of Lunesdale

What a difficult and unpredictable time we are all now facing more so because this is a new virus with little known about it. It was hoped that The Defenders concert would be a really enjoyable evening with a complete sell out. When the decision was made to postpone The Defenders concert it was not an easy one to make because at that time nobody could foresee the seriousness of the Coronavirus threat. However it proved to be a wise decision. It is planned and hoped that when things are back to normal the concert will be rescheduled. As with all other clubs, organisations etc Rotary meetings are no longer taking place and will only be resumed when it is deemed safe to do so. At the time of writing uncertainty is rife and we all have to take heed of the advice being given to us by the government and the medical experts.

We look forward to life getting back to normal meantime we will give a helping hand where we can until that time arrives. With best wishes to you all from President Dave and the members of the Rotary Club at this seriously difficult time. Keep safe.

Lilian Barton



Tai chi Qigong

Use the mind – free the body

Low Bentham, Victoria Hall
Mondays 6.15-7.45pm

Clapham Village Hall
Thursdays 9-10.30am

One-to-one tuition

**NO PREVIOUS EXPERIENCE
REQUIRED
ALL WELCOME TO JOIN AT ANY
TIME**

taichiqigongteacher@gmail.com



IAN AKRIGG

FRIENDLY & PROFESSIONAL ADVICE

☎ 07539626044 📍 /i.Akrigg/

CALL FOR A FREE QUOTE & MEASURING SERVICE

B&W Funerals *James G Macdonald*

24 Hour Service Private Chapel of Rest



Ingleton, Burton, Bentham, Austwick,
Clapham, Settle, Wray, Hornby, Caton,
Kirkby Lonsdale

& all the surrounding areas

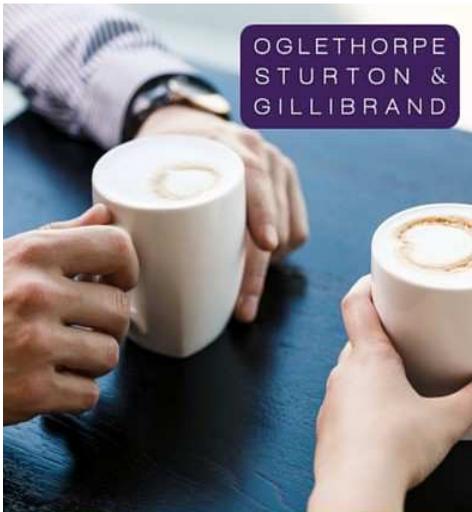
We offer our own Funeral Plans on request

6 Chapel Lane, Ingleton, Carnforth
LA6 3FX

jmfunerals@gmail.com

Office Tel: 015242 41293

Tel: 015242 61370 Mob: 07758002260



OGLETHORPE
STURTON &
GILLIBRAND

Friendly, professional legal advice

Individuals | business | agriculture

Call us today: 01524 846 846

LANCASTER | KIRKBY LONSDALE
www.osg.co.uk



Graham Fawcett Plant Ltd
Unit 3, Bentham Industrial Estate
Bentham LA2 7NB

015242 62888 sales@fawcettplant.co.uk

GARDEN MACHINERY SERVICING & SALES

Mowers • Chainsaws • Hedgetrimmers • Blowers

New **ALPINA** mower range now in stock
HONDA/ Briggs & Stratton petrol engines
P/EX WELCOME – Mowers to suit all budgets

Annual Cricket Match - Sunday 19th. July at 2.00

Yes the date has been fixed for the annual match so please put the date in your diary. Posters will be issued during the forthcoming weeks highlighting the event.

For anyone who is wanting to play can you please just drop me or Mark an email confirming your availability.

As in past years the more spectators that come along then the better the atmosphere. There will be cricket teas for all the players / officials and for the spectators there will be the opportunity to purchase teas / cake.

Mike Illsley - mikelancashire@aol.com

Mark Christie - markchristie101@outlook.com



As some of you know, Steve and I are raising money for the **Lancashire and South Cumbria Breast Care Unit, based at Lancaster Infirmary**, to say thank you for the wonderful care and treatment I received before Christmas. I also hope to raise awareness of the importance of attending screening, after reading in clinic that too many women don't take up their invitations.

Steve and I wanted to raise £1000 for the unit - Steve by running the Shrewsbury 10k and I am, (less energetically!) holding a jumble sale in Ingleton on June 20th. Through the heart warming generosity of friends and family we have already exceeded our target through Steve's run alone. The unit have two funds – one for screening and one for cancer. I would now love to be able to donate £1000 to each pot.

So we are a looking for donations of jumble, cakes, raffle and tombola prizes. Donations can be brought to Ingleton Community Centre on the morning of June 20th or left with us at 6 Duke Street, Burton in Lonsdale. We have limited storage but we can take it from you sooner if you need it out of your way! Please ring or text Caroline 07794353054 / 62681 if you'd like us to collect. And finally, please don't put off an invitation for screening or a concern about a change. Most things will be fine but early detection can make a big difference. Staff at the unit are glad to be able to put minds at ease and never consider a visit to be a waste of their time.

Caroline & Steve Hastie

Caroline adds ...

In light of developments it seems unlikely, though not impossible, that our jumble sale will go ahead on the planned date! But please if you have anything for a Jumble Sale, keep it for the time being and let me know, it will be welcomed when the time comes.

Settle Photographic Group

All meetings and outings have been cancelled until further notice because of the coronavirus epidemic.

Rachel & Ali @ THE BARBER SHOP

3 Station Road, High Bentham

Monday 9.00 till 5.00
Tuesday 9.00 till 5.00
Wednesday 9.00 till 5.00.
Thursday* 9.00 till 12.00
& 4.30 till 9.00pm
Friday 9.00 till 5.00
Saturday 8.30 till 12.00

*Appointments available Thursday mornings

Alison 07761 725744 Rachel 07851 464433



Valerie Hinde

Chartered architect and designer

Domestic extensions

Refurbishments

Conservation

Listed buildings

Planning Applications

Building regulations

Community

Commercial

49 Robin Lane, Bentham, LA2 7AG

Tel 07503 731818

015242 61407

valeriehinde@gmail.com

www.valerie-hinde.co.uk



Langcliffe

Kennels & Cattery

Top quality, professional care for your
cats & dogs in our safe, comfortable
& clean purpose built facilities

- Open 7 days -

tel. 01729 822393

email: info@langcliffekennels.co.uk • web: www.langcliffekennels.co.uk

Howsons Lane, Langcliffe, Settle, North Yorkshire, BD24 9NG

THE VILLAGE SHOP.

In these uncertain times, we are taking every measure possible to prevent the spread of Coronavirus/Covid-19.

We are open for business as usual, and for anyone in and around Burton who requires shopping delivered, we are offering our usual delivery service, and have many volunteers to help us with this if needed, so please don't hesitate to give us a call on 015242 63397, and we will be happy to help, however small the order.

We would also ask if anyone is thinking of visiting the shop feels unwell, and there is a chance that it could be the coronavirus, then could they please refrain from doing so, as we have many staff and volunteers who would be high risk if they contracted the virus.

We will keep the shop fully stocked, as long as the stock is available to us, but we apologise in advance if we have to restrict some items to 1 per customer, as with all the panic buying, we are trying to give everyone chance to do their shopping, and we do have quite a few elderly customers who also rely on us for their weekly shop. We Thank You all for your continued custom and Wish you All the Best over the coming months.

Have you taken your cat's blood pressure?

Feline Systemic Hypertension (SH), high blood pressure, is a common disorder affecting older cats. This 'silent killer' can be present with no visible symptoms often the first sign is sudden onset blindness, followed by organ failure and brain damage.

All cats could be at risk of SH, but the majority (approx. 80%) of cases are associated with other medical problems to which older cats are prone. These include kidney disease, heart problems, and hyperthyroidism.

Treatment of SH with blood pressure tablets can be effective as long as any underlying conditions are controlled.

Diagnosis involves taking several blood pressure measurements. We like to conduct several to eliminate 'white coat syndrome' (stress of visiting the surgery and, historically, a vet wearing a white coat!) Dalehead Veterinary Group is a CAT FRIENDLY PRACTICE and our team of Registered Veterinary Nurses are very experienced in taking the blood pressure of our feline patients. Although having a blood pressure cuff on their leg is outside most cats' normal experience, a meaningful measure, in most visits, is obtained during a routine appointment under our Nurses care.

Who should be tested?

This hidden condition can only be detected using a blood pressure test. Recommendations are that all cats known to have kidney or thyroid disease should be tested, all cats 7 years old or over should be tested once a year, and for 11 years plus every 6 months.

Finding cases of SH at an early stage gives a better prospect of successful treatment and during April, May and June we are carrying out COMPLIMENTARY BLOOD PRESSURE MEASUREMENTS with our Registered Vet Nurses.

For more information or to arrange an appointment, please contact the surgery on 01729 823538

Dalehead Veterinary Group

"Brides of Burton"

Do you still have your wedding dress?

Would you like it to be part of our exhibition?

We are hoping to put on an Exhibition of Wedding Dresses in All Saints Church as part of our 150th Anniversary celebrations.

Dates: Saturday-Sunday June 27-28th & Saturday-Sunday July 4-5th 2020.

Times: 10am to 4pm

Refreshments.

Please let **Jennifer Sedgewick** or **Christine Whitfield** know if you would like your dress to be part of the exhibition. Also we would like photos & information about you and your wedding! Do you have a spare mannequin (!) dressmakers dummy, coat hanger, broom handle, large plastic plant pot, tissue paper???

Finally: Do you know anyone who has been married for 75 years.

We look forward to hearing from you.

The Bentham Line

Mondays to Saturdays

	SO	SX								
Bentham	0601	0603	0842	0935	1136	1337	1538	1848	1849	2040
Wennington	0606	0608	0848	0940	1142	1343	1543	1853	1855	2046
Lancaster	0632	0632	0913	1005	1210	1410	1608	1919	1925	2114

Sundays

Bentham	0954	1140	1440	1640	1840					
Wennington	0959	1145	1445	1645	1845					
Lancaster	1025	1213	1513	1715	1913					

Mondays to Saturdays

Lancaster	0648	0941	1046	1245	1447	1745	2030	2130		
Wennington	0713	1004	1109	1308	1510	1809	2054	2157		
Bentham	0719	1010	1115	1314	1516	1815	2100	2202		

Sundays

Lancaster	1041	1239	1541	1741	1951					
Wennington	1105	1305	1605	1805	2015					
Bentham	1111	1311	1611	1811	2021					

USEFUL WEBSITES

Rural Bulletin

www.rsonline.org.uk/

Craven District Council

www.cravencdc.gov.uk/community-living/get-involved/community-news-newsletter/

Northern Gas Networks

<https://ngnceg.co.uk/>

Allerton Waste Recovery Park

<https://wasteservices.amey.co.uk/where-we-work/north-yorkshire/>

Community First Yorkshire

<https://mycommunity.org.uk/>

BUS TIMETABLE

Service 80 81

Lancaster	<i>Bus Station</i>	10:15	12:15	14:15	17:15
Hornby	<i>Wenning Stores</i>	10:41	12:41	14:41	17:41
Bentham	<i>Con. Club</i>	11:02	13:02	15:02	18:02
Burton	<i>High Street</i>	11:11	13:11	15:11	18:11
Ingleton	<i>Comm Centre</i>	11:21	13:21	15:21	18:21

not Sat

Ingleton	<i>Comm Centre</i>	07:00	09:00	11:25	13:25
Burton	<i>High Street</i>	07:09	09:09	11:34	13:34
Bentham	<i>Con. Club</i>	07:18	09:18	11:43	13:43
Hornby	<i>Institute</i>	07:37	09:37	12:02	14:02
Lancaster	<i>Bus Station</i>	08:12	10:05	12:30	14:30

not Sat

Monday to Saturday (excluding public holidays)



USE YOUR POST OFFICE

Burton Community Shop
High Street

Five mornings a week
9am to 1pm
(No afternoon service)

*Visit Carolyn or Julie or June and
discuss your requirements
or ring **63397** for information*

YOUR Post Office provides:

- **FREE** payment of utility, council tax and other bills with instant receipt
- Draw cash from **ALL** high street bank & building society accounts
- Buy & sell foreign currency and travel insurance at competitive rates

Ashfield House Dental Practice

Mark Jonathan White BMSc (hons), BDS
(hons)

A warm welcome awaits you.

Call in and ask us for more information about: Family dentistry, Orthodontics, Replacement of Missing teeth, Dental Implants, Cosmetic Dentistry, Tooth whitening, Orthopaedic jaw and bite problems.

Opening Hours:

Monday, Tuesday & Wednesday: 9am to 5pm
Thursday (late night opening): 5:30pm to 9:30pm

66 Main Street, High Bentham
Tel: 015242 64813

Open

Wednesday & Thursday 5-11pm

Friday & Saturday 4 - 11pm

Sunday 12noon - 11pm

Food Served

Wednesday & Thursday 5.30pm – 8pm

Friday & Saturday 5.30pm – 8.30pm

Traditional Sunday Roast from 1pm-5pm



www.punch-bowl.co.uk

Good Food, Real Ale, Beer Garden, All Welcome

Please follow us on facebook for any upcoming events !

9 Low Street, Burton-In-Lonsdale, LA6 3LF

015242 61298