

# KARATE



## Burton-in-Lonsdale Village Hall

Friday, 6.15-7.30pm child

Adult 7.30-9.00 £4.00.

4<sup>th</sup> Dan Black Belt Instructor,

(Japanese registered, CRB, full insurance)

contact Mark on 01729 823256.

Classes also in Settle and Kirkby Lonsdale,

Visit our web site [www.wado-kai.org.uk](http://www.wado-kai.org.uk)